

# Start a Heart – CPR/AED

Unresponsive Adult

## 1. Quick Check

No Response,  
Unconscious

## 2. Tilt Head, Open Airway

No Breathing/Pulse



## 3. CALL FOR HELP

9-1-1/Fire/Police

## 4. Place Hands on Chest Center

Push Down/Up 2"

100 Times/Min



## 6. Use AED



a. Turn on Power

b. Attach Pads

c. 2 Minutes CPR & Analyze

d. Deliver Shock (If indicated)

e. Check Breathing & Pulse

f. Monitor Vitals or

g. No Pulses continue CPR

## 5. Continue CPR

Until Breathing/Pulse

Returns